Health Equity Anti-Racism Training (HEAT)

VIRTUAL SERIES | Thursdays at 6:30 pm

White patients are twice as likely to utilize any mental health service compared to Black patients, but Black patients are twice as likely as Whites to be hospitalized on an inpatient unit. Caring for patients means caring for the whole person, including addressing barriers that lead to difficulty accessing care. The Health Equity Anti-Racism Training (HEAT) series is intended to assist Illinois psychiatrists in building awareness and skills to address and overcome psychosocial challenges and disparities that affect our patients. Participants will learn to incorporate best practices in anti-racism into their daily practice. Please join us as we bring on the HEAT!

Jan. 27 | Bias and Cultural/Structural Humility

Feb. 24 | SDOH/Health Disparities in Psychiatry

March 31 | Social Justice in Psychiatry

April 28 | Community Partnership/Engagement

Panelists:
- Laura Martinez, Mental Health Equity & Inclusion Director, NAMI IL
- Andrew Wade, Executive Director, NAMI IL
- J. Wesley Cook, DO, Chief Medical Officer, Thresholds
- Tim Devitt, Psy.D., LCPC, CADC, Associate Vice President, Thresholds

REGISTER at Illinois.psychiatry.org
Questions? Contact Kristen Malloy at kmalloy@ilpsych.org or 312-224-2600.